



VOL. 1 • SEP 11

K.I.S.S. NEWSLETTER

WELCOME TO K.I.S.S.!

A heartfelt welcome to all our dedicated parents and guardians! We want to extend our sincere appreciation to those who joined us for the first session – your enthusiasm and support are invaluable to us!

At The Sophia Project's K.I.S.S., we're all about mentoring and empowering our girls. As we embark on this exciting journey together, our mission is to provide a nurturing space for their growth. By the end of this program, we hope to witness their remarkable transformation, and we're excited to have you as an essential part of this adventure!



Checklist



- Most recent copy of report card



- Health insurance card (if insured)



- Signed copies of the enrollment packet (electronic copies only)



- Signed copy of TSP parent handbook



Please note: Full enrollment in K.I.S.S. requires all checklist documents to be submitted by September 29th.



LAST WEEK AT K.I.S.S.

In collaboration with Pure Vibes Skincare, our girls had the wonderful opportunity to explore various skin types, discover effective skincare regimens tailored to their unique needs, and gain insights into cost-effective at-home skincare maintenance. To top it off, they concluded the night by crafting their own skincare products, including lip scrubs, bath salts, and body oils. We extend our heartfelt gratitude to the founder of Pure Vibes, Tiffany Wesley, for enlightening our girls about the significance of skincare.



UPDATES

- In partnership with Washington University, we will offer tutoring services to K.I.S.S. participants. Please refer to the email for the next steps!
- Our Speed Mentoring event in collaboration with NIKE is coming up on **September 29th. SAVE THE DATE!- More info to come.**

We look forward to welcoming all girls back to our programming on Friday, September 15th at 6:30 pm. **Here are some quick reminders:**

- Programming starts at 6:30 p.m.
- All parents must come into the YMCA to sign their daughters out.
- Each girl enrolled in K.I.S.S. is allowed three excused and/or unexcused absences for the duration of the program.
- As per our phone policy, please remember that all cell phones and electronics should be left at home!

