

HAPPY NEW WEEK!!!

Boo! We hope you all had a spooktacular Halloween!
We've missed you and are thrilled to be back with *Volume 7*of our K.I.S.S. Newsletter. It's been a little while since we last connected, and we hope the break has left you energized and ready for more incredible moments with the Sophia Project.
We've got some exciting news to share! Our program is back in action, and we can't wait to dive into another exciting volume. This *Friday, November 3rd*, we're resuming our engaging sessions, activities, and discussions. Get ready for more learning, more growth, and more fun!

At the Sophia Project, we're committed to promoting positive health outcomes among our participants. It's more than just a program; it's a community where well-being is a top priority. We believe that a nurturing and supportive environment is the key to success. Our journey to empowering our girls is a team effort. To make it even more amazing, we need every participant and parent fully involved in the process. It starts with you, and completing your enrollment is the first step towards shaping a brighter future.

Together, we're building a community where our girls thrive, acquire valuable skills, and gain the knowledge they need to excel in their post-secondary education and future careers. It's a journey we're excited to continue with all of you. Stay tuned for more exciting updates, heartwarming stories, and valuable insights in our forthcoming newsletters.

ATTENTION



 Submit all outstanding documents



 Sign up for tutoring through Washu



 A penalty fee applies for late pick-up, so please be punctual.



• Strict NO PHONE/ ELECTRONICS policy



Please note: Programming will be at The YMCA this Fr this 5555 page blvd



REMINDERS FOR PROGRAMMING

In preparation for another week of programming together, we'd like to highlight some essential expectations and friendly reminders for both parents and participants. Please review the following:

- Signing In and Out: We kindly request parents to encourage
 their daughters to make a conscious effort to sign themselves in
 when they arrive for programming. Similarly, when picking up
 your daughters, please ensure that you sign them out. These
 practices are essential for us to maintain a proper headcount
 and hold ourselves accountable for the number of students in our
 care at any given time.
- Stay Hydrated: We encourage all our girls to come to programming with their water bottles. We have convenient water dispensers on-site, allowing participants to refill their bottles at any time. Hydration is vital for staying active and focused during our sessions.
- No Phones Policy: A friendly reminder that we maintain a strict no-phones policy during our programming. We kindly ask parents not to allow their daughters to bring electronics unless explicitly stated otherwise by our K.I.S.S. staff members. This policy helps create a distraction-free environment where participants can engage fully.
- Excellence Agreement and Behavior Policy: We encourage all parents to remind their daughters about the Excellence Agreement and behavior policy outlined in our enrollment packet. These guidelines are designed to ensure a respectful and positive atmosphere. We take all violations seriously and appreciate your support in upholding these standards.
- Regular Attendance: Regular attendance is highly encouraged.
 Participants have three opportunities to miss programming
 before our K.I.S.S. team evaluates the best course of action to
 take. Consistent attendance not only maximizes the benefits of
 the program but also helps build a sense of community and
 belonging.



We look forward to welcoming all girls back to our programming on Friday, November 3rd at 6:30 pm.

Here are some quick reminders:

- Programming will be at the Bayer YMCA on November 3rd.
- All parents must come to the side parking lot entrance to sign out their daughter.
- Kindly prioritize
 punctuality as we aim to
 start each session
 promptly.
- Check-in with staff for outstanding documents you might have.





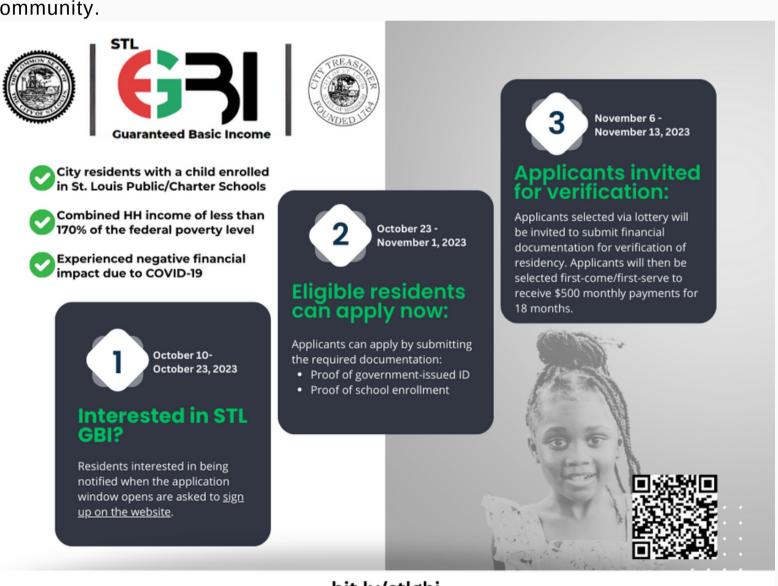
We're excited to share a fantastic event with our TSP community! Calling all remarkable young women in their junior or senior year attending high schools across the St. Louis region! We are excited to share an upcoming event hosted by the "Gentlemen of Vision" program. On Wednesday, November 8th, at 6:30 PM, the event will take place in the Riverview Gardens High School library. It's an excellent opportunity to explore your path to success and engage with a community dedicated to empowering and uplifting the next generation of leaders. Please attend if you can!







Here is yet another impactful opportunity we want to share with our KISS community. The City of St. Louis is launching a Guaranteed Basic Income (GBI) pilot program, providing families the chance to receive \$500 per month for 18 months. This initiative, a top priority for Mayor Tishaura O. Jones, aims to strengthen our city by empowering families in need. Families with children enrolled in St. Louis public and charter schools living below 170% of the federal poverty level are eligible. The application window opens on October 23rd and closes on November 1st. It's a fantastic opportunity to make a difference in our community.



bit.ly/stlgbi